

*"You are not weak for struggling; you are strong for facing
your battles head-on"*

Principal's Update



Sara Jacobs
Principal

Dear Parents and Carers,

This week, we proudly marked World Mental Health Day, reaffirming our ongoing commitment to wellbeing across the school. Our newly formed mental health ambassadors led the way, delivering assemblies on the importance of "10 a day" and positive mental health habits. Their confidence and dedication in supporting their peers truly exemplifies the strength of student leadership at Clyst Vale. It has been inspiring to see our young people step forward, share their voices, and help shape our school culture. You can read more about our World Mental Health Day activities in this week's newsletter, including highlights from the "Playground Take Over" and the fantastic involvement of both staff and students in making the day so vibrant and meaningful.

Our House system continues to go from strength to strength, with regular inter-House sporting competitions now taking place every Friday. These events have fostered a real sense of friendly rivalry and teamwork, and I am delighted to announce that we will be holding our first House assemblies in the final week of this half term. I encourage all students to get involved and show their House spirit as we continue to embed this important part of school life.

Unfortunately, like many schools, we are facing the ongoing challenge of multiple occupancy in toilet cubicles. For safeguarding reasons, this is strictly forbidden at the College. There is never a legitimate reason for more than one student to be in a cubicle, and our experience shows that such behaviour is often linked to anti-social activities or the inappropriate use of mobile phones. Students have been reminded that if they are found in the toilets with others, a consequence will be issued, resulting in a detention. I would appreciate your support in reinforcing this message at home, as we work together to maintain a safe and respectful environment for all.

Looking ahead, we are excited to launch work experience with our Year 10 students next Thursday. On that day, they will take part in a valuable programme of careers education, spending time with their Tutors to explore potential career paths and discuss future opportunities. This experience will help them better understand the types of placements they might pursue next summer, offering valuable insights into their aspirations. Please do discuss work experience with your child; we are confident that the learning from this day will guide them in making informed choices.

Next week also sees the launch of our Camps International assemblies, which offer an incredible opportunity for students to develop new skills, experience different cultures, and make a real difference through volunteering. We are thrilled to be partnering with Camps International once again, giving students the chance to embark on a life-changing, four-week expedition to Costa Rica in the summer of 2027. During this expedition, students will work on meaningful and sustainable projects and take on the personal adventure challenge of a PADI Open Water Scuba Diving Course. There will be a parents and carers information evening on 22nd October, where you can find out more about what's involved and how your child can take part.

Thank you, as always, for your continued support. Wishing you and your families a restful weekend.



KENYA EXPEDITION 2025

Over the course of four unforgettable weeks, 24 Clyst Vale students took part in a life-changing expedition to Kenya. The ambitious adventure was not just about travel – it was about learning, developing global citizenship and stepping outside comfort zones to make a genuine difference in the world. The motto of Camps International is ‘Ethical journeys with impact’ and that was certainly evident throughout our journey.

The students, accompanied by Mr Gardiner and Mr Fleming, were so lucky to be joined by their wonderful Camps International Team Leader, Julie, whose experience and organisation made for a memorable trip. The expedition combined environmental conservation, cultural immersion and team-based challenges. The result? A once-in-a-lifetime experience that left a lasting impact on both the students and the communities they worked with.

WEEK 1: FINDING OUR FEET AND DIVING IN

The group’s journey began on Kenya’s picturesque coastline, where the warm Indian Ocean met vibrant culture at Wasini Island’s Camp Firefly. After settling into their base, the students wasted no time familiarising themselves with their PADI Open Water Diver course. The first week focused on marine conservation, environmental awareness and, best of all, SCUBA DIVING!

The students dived right into their scuba diving sessions and completed their pool tests in no time at all. Many of the students successfully achieved their PADI open water certification – an experience that opened their eyes to the fragile beauty of the underwater world. Alongside this, the students took part in a beach clean which helped to combat the growing issue of plastic pollution. Armed with gloves, bags, and buckets, the group collected a variety waste from the shoreline and had a session on upcycling flip flops into key rings!

WEEK 2: INTO THE HEART OF RURAL LIFE

Week 2 saw the students travel to Camp Muhaka, where the group helped to build traditional mud huts using locally sourced materials – a physically demanding but rewarding task that gave students hands-on experience in sustainable construction techniques still widely used in rural communities.

The expedition turned its focus to education and the project’s impact. Working alongside local project workers, the students had a go at making Chapatis and even tried some fresh coconut. The group took part in a ‘Coconut Adventure’ where they had the chance to practice climbing a coconut tree. The students were certainly embracing their environment, so much so that they were mimicking the monkeys who regularly patrolled the camp!

WEEK 3: SUPPORTING COMMUNITIES

The third week brought a shift from ocean to land as the group moved inland to East Tsavo National Park. Here, students immersed themselves in everyday life – working alongside local families and community leaders on several vital projects.

One key initiative was goat deworming, a simple but essential task for maintaining livestock health and supporting food security. Under the supervision of local Camps International staff, the students learned to handle animals and administer deworming treatments, directly contributing to improved animal welfare and local livelihoods.

The students helped in the construction of school facilities – mixing cement, laying bricks, and creating ramps for accessibility to classrooms. Although the labour was tough, morale remained high, driven by a shared goal: to create a safe and inspiring space for young children in Kenyan communities.

Alongside the construction work, students also spent time in classrooms, interacting with local students, and learning more about the challenges faced by schools in remote areas.

WEEK 4: REFLECTION AND CELEBRATION

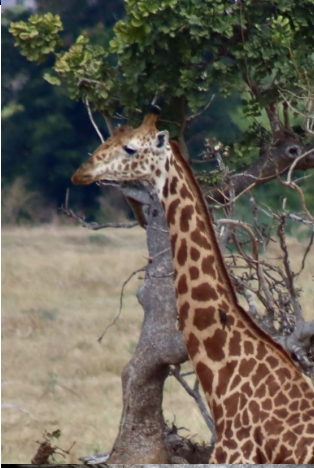
The final week of the expedition offered a chance to reflect on their time in Kenya. Evenings were spent around the campfire, sharing stories, journal reflections, and looking back on how far they had come. Students spoke about personal growth, deeper global understanding, and a strong sense of teamwork.

A huge thank you to the staff who supported the expedition, the in-country staff who welcomed us so generously, and most of all, the students who embraced every challenge!

Well done to Josh, Freya, Darcy, Harley, Sam, Harry, James, Charlotte, Bella, Lottie, Alicia, Lana, Inti, Ella B., Andrew, Ella C., Alex, Eloise, Lucy, Jess, Lily, Camyiah, Charlotte and Summer.



College News



Match Report: Clyst Vale Year 9 vs Tiverton High School

Clyst Vale Year 9 delivered a commanding performance in their recent rugby fixture against Tiverton High School, securing a resounding 34–0 victory. From the first whistle, the team showcased their attacking flair, defensive discipline, and collective spirit, dominating all areas of the game.

Relentless Attack, Rock-Solid Defence

Clyst Vale wasted no time asserting their dominance, with sharp passing and powerful running lines that kept Tiverton on the back foot. The forwards laid a solid foundation, winning rucks and scrums with authority, while the backs capitalised with pace and precision.

The team's attacking efforts were rewarded with six well-earned tries. Tries were scored by Cian Doyle, Max Hookway and Jack David and Harry Pennicard each scoring a brace.

Defensively, Clyst Vale were impenetrable. Tiverton struggled to gain ground, with tackles flying in from all corners of the pitch. The clean sheet was a testament to the squad's discipline and teamwork.

Squad Effort & School Pride

Every player contributed to the win, with strong performances across the board. The team's unity and sportsmanship were evident throughout, making them excellent ambassadors for Clyst Vale.

The celebrations on the minibus home were well deserved, with smiles, songs, and a palpable sense of pride in their achievement.



Match Report: Clystvale vs Dawlish – U16 Girls Fixture

Date - Monday 6th October 2025

Despite a challenging start, Clystvale's U16 Girls delivered a spirited and memorable performance against Dawlish in their latest fixture.

With only ten players available due to absentees, Clystvale faced an uphill battle from the first whistle. The first half was a tense affair, with both teams probing for an opening. Grace and Sophia T created promising chances, but Dawlish's defence held firm. At the other end, Clystvale's defensive line was rock-solid, and Zoe in goal was outstanding commanding her area and pulling off key saves to keep the score level at half-time.

The second half saw a tactical shift that proved pivotal: Grace moved up front and immediately made her mark. Her attacking flair and determination led to a stunning hat-trick, putting Clystvale 3-1 ahead. Sophia T then stepped up with two spectacular long-range efforts, extending the lead to 5-1. Dawlish managed a late consolation goal in the final minute, but it was too little, too late.

Final score: Clystvale 5 – Dawlish 2

fantastic team effort from Clystvale, showing resilience, teamwork, and skill—especially impressive given they played with one fewer player. The girls now advance to the next round, where they will face either Torquay Academy or Monkton Wood Academy.



Key Stage 3 Badminton

Another super evening of badminton took place as the students from KS3 start to prepare themselves for the County Championships in the New Year. Tiverton kindly visited with a bus off keen students from their own club. The CVCC girls side was led by Kasey, newly promoted to Devon Badminton standard and she soon showed her class. A mixture of power and guile coupled with improving footwork showed the extra training was really paying off. Along side her Aimee, Raisa and Merryn all demonstrated good timing and great team work as a group into their third year playing as a four. So strong were the girls that Tiverton failed to get a game, although all matches were played in good spirit.

The KS3 boys B squad found the going tougher and although they won all but one of the games, it was a closer affair. Ed once again served like a demon, rifling serves low and fast over the net, whilst Ewan's deep flick serve literally put his opposition on the back foot as they scurried back to return the shuttle. Tristan and Max paired up well both showing power shots and in Max's case a desire to play neat tidy drop shots as well. Tristan's scoring and organisation kept the court running smoothly as the lads cruised to a 7-1 victory.

The KS3 A squad battled hard with Dexter at the helm to win their match 5-3 in a series of thrilling games. Dexter continued to bludgeon the opposition into submission with continued smashes and clears before finally deciding to add some subtlety with a couple of drop shots. Elliot and Stan formed a great pair with Elliot's new found power couples with Stan's natural agility and reaction time at the net. Archie was given the rank 2 position and did not disappoint with a comfortable win over his opposite number using his brain as much as his racket to move his opponent around the court before winning the points.

Some excellent play for a group of students who practice hard every week in school and in many cases now play outside for clubs. They are improving fast and should feel confident looking toward the first round of the District Badminton in the coming months.



Ten Tors 8th – 10th May 2026:

Launch Meeting: IT4 at 1:30pm on Tuesday 14th October 2025

In May 2025, Clyst Vale teams participated in the annual Ten Tors challenge on Dartmoor, and now for May 2026, the Army have allocated us 2 x 35-mile and 1 x 45-mile team slots, for the event due to take place in May 2026. If any year 9 or 10 students are interested in taking part in the 2026 event please come along to IT4 at 1:30pm on Tuesday 14th October 2025 to find out more. We're looking for six students to form each of the teams who



Want to try Ten Tors?

In years 9 or 10...

Come along to IT4

Tuesday 14th October 2025

1:30pm

To find out more...

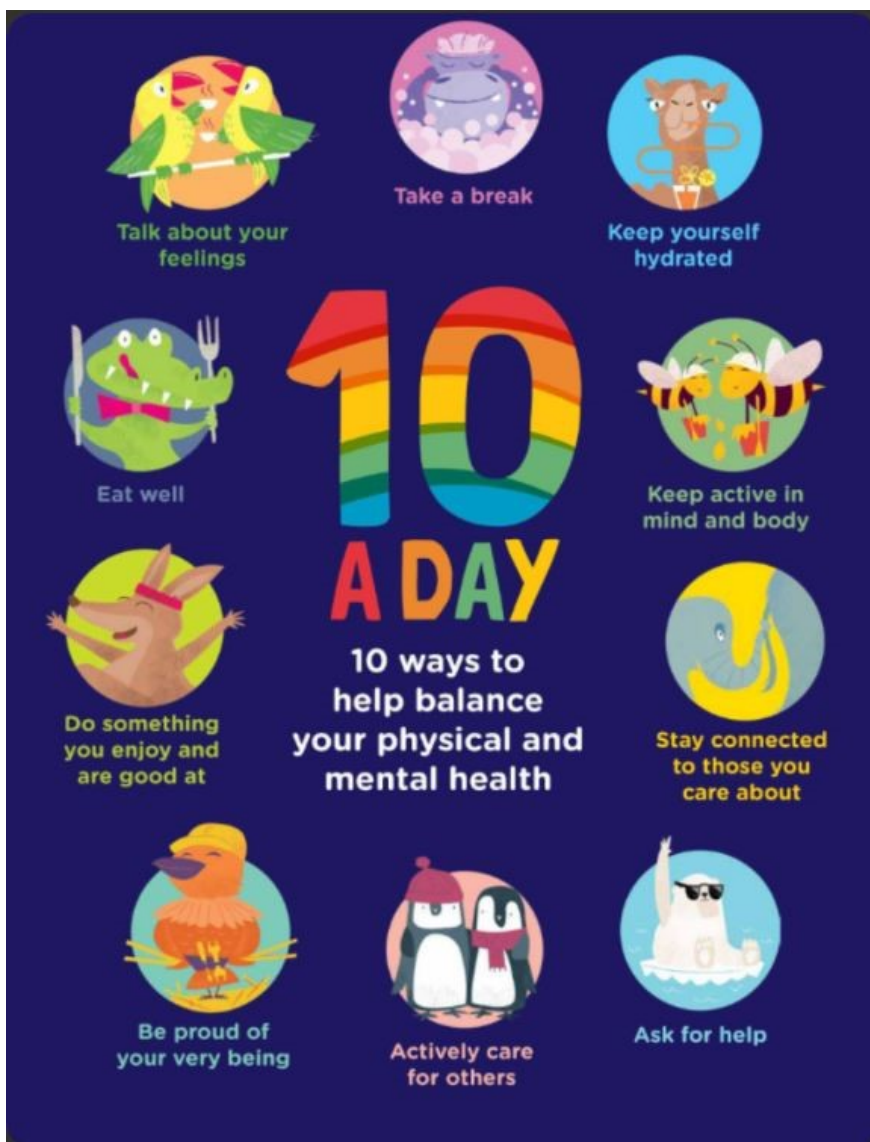


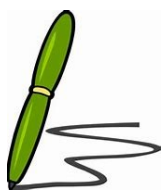
World Mental Health Day- 10th October

As part of our RRS programme this month we are focussing on wellbeing and mental health. The newly formed mental health ambassadors have been fully involved and bravely presented their ideas about the importance of '10 a day' in assemblies. Students were informed about all the little things we can do to try and ensure we have good mental health. **10-a-day - Normal Magic**

We have also had assembly input from kooth an online wellbeing tool which is there to support young people when they are struggling. Students may want to create a log in to use - there are lots of great articles and information designed just for them. Home - Kooth

On Friday 10th October the MHA did a 'Playground Take Over' with music, skipping, chalk drawing and bubbles to highlight the importance of mental health. Teachers were also onboard with a much more colourful wardrobe on Friday, and students wore colourful socks.





For our early UCAS applicants, this has been a tense week, with Cambridge entrance tests and, of course, the looming submission deadline – which is 15th October. We wish our early applicants all the best as they prepare to tackle these very demanding admissions processes. Good luck!

In other news, 5 Year 13s are turning their attention to preparations for their trip to Warsaw next week. As part of the European Parliament Ambassador Schools programme, they are taking part in the 'EPAS Together' transnational event, where they will meet schools not only from the UK but also Poland, Latvia and Lithuania. They will take part in a carousel of workshops and a series of cultural events including a visit to the European Parliament Liaison Office, the Europe Experience visitor centre, the Palace of Culture and Science, some sightseeing in the old town and a restaurant meal. We look forward to hearing all about it when they return to school!



Miss Jenkins and Mrs Padden recently visited the Exmouth Lifeboat Station to donate the £135 raised for the RNLI on Harry Patch Day (22nd September).

Student of the Week

7GABR 7GDH Poppy Lander Williams 7RAT 7RJK YMRO 7YADA Matilda Fenner 7YRKE Sylvie Mitchell	8GAWO Reid Bradshaw 8GLBA Lilly Jefferson 8RKJO Alex Wright 8RCMO 8YDST Aicer Lang 8YIM Lily Harris	9GRTU 9GTBE Charlotte Phillip 9RER 9RACU Dexter Bennett 9YCBO Katie Down 9YCFL Samuel Topliss
10GMNA Jess Woodger 10GJIH Jacob Evans 10RDFE 10RGWW 10YGGA Joseph Hourd 10YBHA Thea Trehwella and Jason Hodges	11GCMC Jacob Kyffin 11GSSF No permission given 11RBAT Ellis Williams 11RNS 11YMBR 11YCHW George Martin	Y13 Emily Crawford



Each week our tutors are encouraged to recognise and reward one member of their tutor group for something outstanding. This could be an academic achievement, a demonstration of resilience or an act of kindness.



If you see a familiar name above then be sure to ask them what amazing thing they've done.

Key Contact Information

Reception: 01392 461407 Email: admin@clystvale.org

Sara Jacobs

Lisa Martin

Paul Sutton

Ann Hopkins

Allen Bailey

Louise Telford

Claire Haynes

Lisa Jones

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SENDCo & Assistant Principal

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Important Online Safety Notice for Parents and Carers

We would like to make our school community aware of a concerning issue that has recently come to our attention.

A large group chat has been identified on social media platform **WhatsApp**, involving young people from multiple school settings in Devon. We have been advised that some of the content being shared within these groups includes **explicit imagery** and **harmful content**.

We are urging all parents and carers to please speak with their children about the importance of **online safety** and the **responsible use of social media**. Please encourage children to be open and share with you their Social Media usage in particular ensuring your awareness of group messaging. These conversations are vital in helping young people understand the risks and consequences of sharing or viewing inappropriate content online.

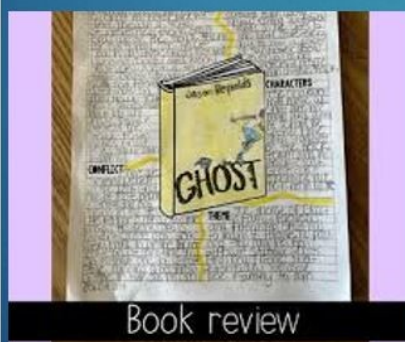
Please be assured that the **police are aware** of these groups and are currently conducting enquiries.

For guidance and support on how to talk to your child about online safety, please visit the following trusted resources:

- [ThinkUKnow](#) – Online Safety Advice
- [NSPCC](#) – Keeping Children Safe Online



Library competition- Create a book review poster about your favourite book, author or genre. You can do this at home or in the library at lunchtimes. Prizes for the best designs. Praise point for entering. Closing date Monday 13th October.





Clyst Vale Community College

Costa Rica Scuba Expedition

Come along to our Parent Presentation on:

Wednesday 22nd October, 6pm-7pm, Main Hall



with booking
code:

13414



Science and Food Technician

Salary Grade B £20,459 actual

Starting in November, we are looking to recruit a Science & Food Technician. This is a permanent role, working hours 35.5 hours per week Monday-Friday, 39 weeks of the year.

This role would be ideal for someone who may be looking at a career in teaching and wants to gain first-hand experience of working in a school.

We will also consider applications from candidates who just want to be considered for one of the roles.

For full details and to apply, please either visit our website: <http://www.clystvale.org/vacancies/> or email recruitment@clystvale.org



Exam Invigilator

£14.72 per hour including holiday pay

Starting as soon as possible, we are looking to recruit exam invigilators. This is a casual role, and hours are flexible, varied and can fit around other commitments

For full details and to apply, please either visit our website: <http://www.clystvale.org/vacancies/> or email recruitment@clystvale.org

Attendance, Absence and Requests for Absence

Reporting an Absence

If your child is absent due to illness or a medical appointment, please report their absence, along with the reason, via the My Child at School **desktop browser**. Alternatively, you can complete the Absence Notification Form using the link below or email :

studentabsence@clystvale.org.

[Absence Notification Form](#)

If your child is in Year 12 or 13, please report their absence to voyseys@clystvale.org.

Absences must be reported daily for the duration of your child's absence.

If you know in advance that your child will be away from school, please inform us at your earliest convenience.

Additionally, kindly notify us of any lateness or scheduled appointments.

The school actively follows up on unexplained absences. If your child is absent for an unauthorised event, the details may be referred to the Educational Welfare Service which could result in a fixed penalty notice. Please be aware that the College may request supporting documentation for any absence.

Typically, work is not provided for students during their absence, as our priority is to ensure they recover fully and return to school as soon as possible.

Lateness

Attendance is formally recorded twice daily: in the morning at 8:50am and in the afternoon at 2:10pm. It is essential that students are prepared to begin their tutor period promptly at 8:50am and are punctual for each subsequent lesson.

As required by law, registers must be taken in a timely manner, and there are consequences for lateness. Students who arrive after registration closes will be marked as late, and those arriving after 9:25am will receive an unauthorised mark.

If a student is absent without prior notification, we will inform parents/carers as soon as possible if your child has not arrived at school in the morning. To ensure prompt communication, parents/carers are strongly encouraged to keep their contact details up-to-date via the Bromcom App.

Attendance is recorded during every lesson to monitor internal truancy and comply with safeguarding regulations. Students are required to sign in upon late arrival or sign out if leaving during school hours. Parents/carers must notify the school and provide a valid reason for their child's departure.

No student may leave College without authorisation from staff under any circumstances.

Students feeling unwell must report to reception and are not permitted to contact parents directly through phone calls, texts, or messaging apps to request collection.

Medical Appointments

We encourage students to maximise their attendance, as research highlights a strong correlation between regular attendance and examination success.

Many medical appointments can often be scheduled in a way that allows students to attend school both before and after their appointments. By doing so, they can minimise missed learning opportunities while maintaining high attendance levels.

We kindly ask parents/carers to ensure that their child attends morning registration, even if a medical appointment is scheduled later in the morning. Similarly, where possible, afternoon appointments should be arranged after **Period 4**, during lunchtime. We also encourage students to return to school following lunchtime appointments, if feasible.

Thank you for your continued support in helping your child achieve maximum attendance and academic success.

Supporting Learning at Home

BROMCOM

What financial support can parents get?

Juggling home and school life is tough for every parent, but there are some financial support options available. Find out what you could be entitled to by following this link

[Supporting learning at home | Parentkind](#)



Please do not address emails, or any replies to Bromcom messages, to bromcom@clystvale.org.

It is an unmonitored mailbox and will not go to anyone. Parents/carers need to reply to Bromcom messages via the app, online, or via email, as this will then be directed to the staff member who sent the message to you. Or, please contact the teacher or admin@clystvale.org. There is also a contact form and other details below:

<https://www.clystvale.org/contact-us/>

Clyst Vale Library

Clyst Vale Library is open to the public 3.30 to 5.30pm Monday and Wednesday and 4.00 to 6.00pm Thursday.



Stationery for Sale

Pencil cases are available from the Library at a cost of £4.50 per pencil case. The clear pencil cases include one pencil, a blue pen, a red pen, one highlighter, a ruler, a compass, a protractor, a rubber and a sharpener.



Autumn Term Dates

Thursday 4th September to Friday 19th December 2025 (half term w/c Monday 27th October)



Follow our Facebook Page via the link below:
[Clyst Vale Community College | Facebook](#)



LUNCH CLUBS Autumn Term 2025

Day	Club	Time	Where	Changing Room	Teacher
Monday	Badminton – Years 7/8/9	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Monday	GCSE Dance	Lunchtime	Dance Studio		Miss Hall
Monday	Homework Club	Lunchtime	IT2		Supervisor
Monday	GCSE Spanish Revision	Lunchtime	MF4		Mrs McConachie
Monday Week A	GCSE French Club	13:40-14:00	MF2		Mrs Theeten & Ms McConnachie
Monday	Maths Set 2 Year 11	Lunchtime	MA8		Miss Barratt
Monday	Music Practice Club	Lunchtime	PA2		Mr Hawkins
Monday	GCSE Religious Studies revision	Lunchtime	HU1		Miss Brotherton
Monday	Dungeons & Dragons Club Week B	Lunchtime	IT3		Mr Bailey
Tuesday	Homework Club	Lunchtime	IT2		Supervisor
Tuesday	Choir	Lunchtime	PA2		Mr Hawkins
Tuesday	Speedcubing	Lunchtime	HU2		Mrs Harrison
Tuesday	BTEC Ent Course work	Lunchtime	IT5		Miss Jones
Tuesday	Dance 7/8/9	Lunchtime	Studio	Humanities	Miss Hall
Tuesday	Basketball Year 9/10/11	Lunchtime	Sports Hall	Sports Hall	Mr Ingham-Hill
Tuesday	Netball Year 10/11	Lunchtime	Courts	Humanities	Mrs Elliot, Mrs Broomfield
Tuesday (after Oct half term)	Ten Tors – Years 9 to 11	Lunchtime	IT4		Mr Eales/Miss Barratt
Tuesday	Amnesty	Lunchtime	EN7		Miss Watt
Tuesday	Year 7 Book Club	Lunchtime	Library		Mrs Southard
Tuesday	Games Club- Year 7-9	Lunchtime	HU5		Ms Jenkins
Tuesday	Ten Tors	Lunchtime	IT4		Miss Barratt
Tuesday	BTEC Enterprise Coursework Catchup	Lunchtime	IT5		Ms Jones & Ms Prance
Wednesday	Badminton – Year 10/11/13	Lunchtime	Sports Hall	Sports Hall	Mr Powell
Wednesday	Weights-Year 10/11/13	Lunchtime	Studio	-	Mr Ingham-Hill
Wednesday	Girls Football Year 7-11	Lunchtime	Field	Humanities	Mr Stapleton
Wednesday	Rock Club- Music	Lunchtime	PA3		Mr Kidd
Wednesday	Film Club	Lunchtime	HU6		Miss Matthews
Wednesday	Homework Club	Lunchtime	IT2		Supervisor
Wednesday	GCSE Photography	Lunchtime	IT4		Mrs Wakefield
Thursday	Homework Club	Lunchtime	IT2		Supervisor
Thursday	GCSE Spanish Revision	Lunchtime	MF4		Mrs McConachie
Thursday	Geographers Club	Lunchtime	HU8		Mr Thomas
Thursday Week A	Food GCSE- Practical	Lunchtime	DT3		Miss Crook
Thursday	History Club- All Years	Lunchtime	HU7		Miss Nash
Thursday Week B	Science Club- Year 7&8 Week B	Lunchtime	SC9		Miss Tuthill and Miss Hadlev
Thursday After XTerm	Games Club- All Years	Lunchtime	HU5		Miss Jenkins
Thursday	Indoor Football – Year 10	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Thursday	Girls Fitness – Year 10 & 11	Lunchtime	Studio	Humanities	Mrs Broomfield
Thursday	Girls Football – Years 7 to 9	Lunchtime	Field	Humanities	Mr Stapleton
Thursday	GCSE Dance Club – Year 10 & 11	Lunchtime	Studio	Humanities	Mrs Elliott
Thursday	GCSE Art Club	Lunchtime	AR2		Mrs Walton
Friday	Homework Club	Lunchtime	IT2		Supervisor
Friday	Year 10 Beginners German	Lunchtime	MR4		Mrs McConachie
Friday	Inter Tutor	Lunchtime	Various	Various	Mr Pearce Mr Powell Miss Hall Mrs Broomfield
Friday	Indoor Football – Post 16 & Year 11	Lunchtime	Sports Hall	Sports Hall	Mr Stapleton
Friday	Yu-Gi-Oh Club All Years	Lunchtime	SC3		Mr Moxey
Friday	Jazz Band	Lunchtime	PA3		Mr Hawkins
Friday Week B	LGBTQ+	Lunchtime	MF1		Ms McConnachie

After School Clubs Autumn Term 2025

Day	Club	Time	Where	Changing Room	Teacher
Monday	Homework Club	3:30-4:45PM	IT2		Supervisor
Monday	GCSE Dance Year 11	3:30-4:30PM	Studio	Humanities	Miss Hall
Tuesday	Homework Club	3:30-4:45PM	IT2		Supervisor
Tuesday	GCSE Music	3:30-4:30PM	PA3		Mr Hawkins & Mr Kidd
Tuesday	Netball Year 9	3:30-4:30PM	Courts	Humanities	Miss Hall
Wednesday	Homework Club	3:30-4:45PM	IT2		Supervisor
Wednesday	Drama- All Years	3:20-4:45PM	PA1		Miss Ruscoe
Wednesday	GCSE Revision Sport Studies/ PE Catch up	3:20-4:30PM	IT3		Mrs Broomfield
Wednesday	Rugby Year 7/8/9/10/11	3:20-4:30PM	Field	Humanities	Mr Pearce, Mr Powell, Mr Stapleton
Wednesday	Netball Year 7 & 8	3:20-4:30PM	Courts	Humanities	Mrs Elliott, Miss Curtis
Wednesday Week B	GCSE Food Catch up	3:30-4:30PM	DT2		Mrs Crook
Thursday	Homework Club	3:30-4:45PM	IT2		Supervisor
Thursday	GCSE D&T	3:20-5PM	DT1 & DT2		Mr Arthur & Mr Hewlett
Thursday	GCSE Spanish		MF4		Mrs McConachie
Thursday Week A	GCSE Food Catch up Session	3:30-4:30PM	DT2		Mrs Crook
Thursday	Netball Year 10/ 11	3:30-4:30PM	Courts	Humanities	Mrs Broomfield
Thursday	Table tennis Year 9 invite only	3:30-4:30PM	Sports Hall	Sports Hall	Mr Pearce

Colour Coding: Physical = Yellow, Volunteering = Red, Skill = Blue

PTFA NEWS

USED UNIFORM DONATIONS WANTED

Pre-Loved Uniform Shop

An easy, budget friendly way to buy school uniform.

We're collecting uniform in good condition that your child no longer needs.

**Drop off donations at
Reception/Student Services or
the donation point**

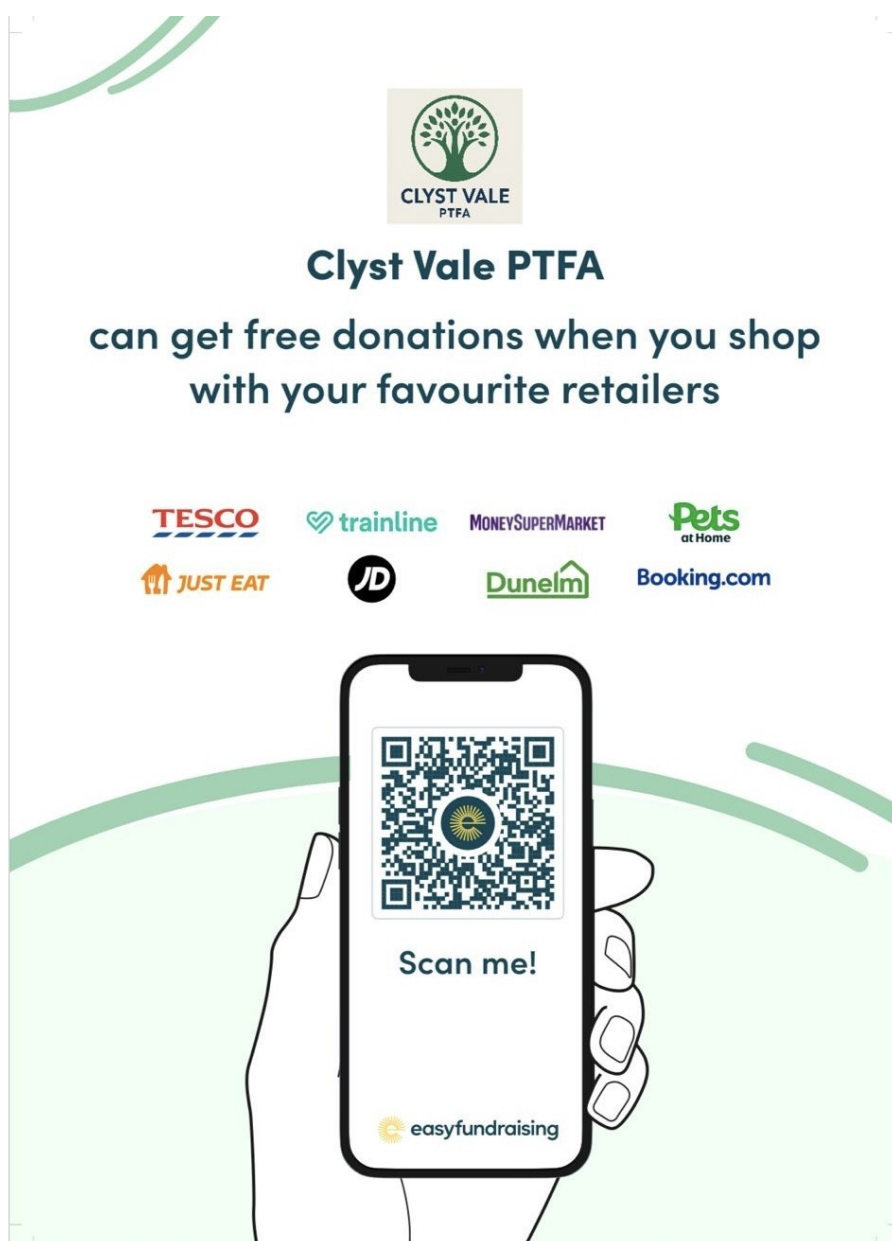


We've got an exciting and easy way for you to support Clyst Vale and it won't cost you a single penny extra!

Here's how it works: Every time you shop online whether it's for groceries, gifts, clothes, or even booking a holiday 8,000 retailers like Tesco, M&S, John Lewis, eBay, Argos, ASOS, Booking.com and many more will donate to us for FREE through easyfundraising!

Yep, you heard that right raise money just by shopping like usual!

For a limited 2-week period, if 10 of us join, we'll get a £15 bonus! Plus, when more than 10 sign up, we'll unlock more bonus funding! (Sign ups before 17 October)



It's quick, it's easy, and it's FREE
just sign up here:

[https://
www.easyfundraising.org.uk/
support-a-good-cause/step-1/?
char=399483&invite=4becrc&refe
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cam-
paign=c2s&utm_source=easyfund
raising-
app&utm_medium=referral&utm
_content=share-tray](https://www.easyfundraising.org.uk/support-a-good-cause/step-1/?char=399483&invite=4becrc&referral-campaign=c2s&utm_source=easyfundraising-app&utm_medium=referral&utm_content=share-tray)

Thanks for your continued sup-
port!

Clyst Vale PTFA



All in aid of the charity JAY'S AIM



10 Oct, 2025



17:30 – 18:45



Cranbrook



Buy your tickets here

Adults £3

Kids £1.50

BOW JACKSON



Captain of Exeter City Women's Football Team

INNES FITZGERALD



4-time European Athletics Champion & European Record Holder

POPPY LEITCH



Former Captain of Exeter Chiefs Women's Rugby Team



THIS GIRL CAN

RAFFLE & REFRESHMENTS!

JAY'S AIM



CRANBROOK UNITED GIRLS U13s

**Our first ever season is underway but we
are still a few players short of a full squad.**

FREE TRAINING TASTER SESSIONS:

10/10/25 and 24/10/25

1930 to 2030

**ON THE ASTRO AT CRANBROOK EDUCATION
CAMPUS (EX5 7EE)**

**If you have a daughter in year 7 or 8 who may be interested
in playing football with a great bunch of girls then please
message Michael (Girls U13s Coach) on 07568172938 or
email girls.cufc@outlook.com**



JOIN US! Whether you're completely new or looking for a fun, non-contact option, we play a mix of tag and touch rugby to suit all experience levels in a friendly and welcoming environment.

ALL WELCOME

- 12 Years & over
- No experience needed
- Female only
- Non contact

DETAILS

- Monday night
- 7pm - 8pm
- Cullompton RFC,
Knowle Lane, EX15 1PZ

Message our Facebook with any queries



[Facebook.com/CullomptonLadiesRFC](https://www.facebook.com/CullomptonLadiesRFC)



CATCH

**You are invited to our
parent carer social and
peer support sessions**



ESTEEM TEAM

Who is it for?

Any parents and carers of
children who have
(or may have) SEND
including mental health
difficulties are welcome.

When?

**Wednesdays
(term time)
9.30 - 11.30 am**

Where?

Scott Drive Church,
39 Scott Drive,
Exmouth,
EX8 3LF
(Car parking at the back)



Do I need to book?

No need to book!

We'd love to see you!

EVENING CATCH

Our next evening CATCH
will be at our
Esteem Team Base
Elm Grove, Exmouth

7th OCT

6.30-8.30PM